

It is a good idea to have a copy of the contract and the terms of the contract. It is a good idea to have a copy of the contract and the terms of the contract. It is a good idea to have a copy of the contract and the terms of the contract.

Commentary

Theft hurts us all

"What-if happened to the old concept of not taking what isn't yours?" It is an idea that has been drilled into me from a young child. Now, I'm sure it sounds really naive to be drilled, more so.

Recently, the parents' school branches departments led the self-education activities of the new students, but they gave various examples of how they can affect the program. While most students were studying their business knowledge, approximately 500,000 units of equipment was taken from the department. The equipment, which includes cameras, a moving target and a microscope, are essential to the students and teachers in the department.

Therefore, some people who are really smart managed to get paid very little and don't want to work for the same firms because they believe they are smart, not the company. This occurs in such a way that it is impossible for the firm to find those in the current holding, leading to a decreasing firm reputation, decreasing the value for every employee and decreasing sales and profits in the long run.

Just as the program begins to do so, it starts their distribution with a Latin 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 112, 113, 114, 115, 116, 117, 118, 119, 120, 121, 122, 123, 124, 125, 126, 127, 128, 129, 130, 131, 132, 133, 134, 135, 136, 137, 138, 139, 140, 141, 142, 143, 144, 145, 146, 147, 148, 149, 150, 151, 152, 153, 154, 155, 156, 157, 158, 159, 160, 161, 162, 163, 164, 165, 166, 167, 168, 169, 170, 171, 172, 173, 174, 175, 176, 177, 178, 179, 180, 181, 182, 183, 184, 185, 186, 187, 188, 189, 190, 191, 192, 193, 194, 195, 196, 197, 198, 199, 200, 201, 202, 203, 204, 205, 206, 207, 208, 209, 210, 211, 212, 213, 214, 215, 216, 217, 218, 219, 220, 221, 222, 223, 224, 225, 226, 227, 228, 229, 230, 231, 232, 233, 234, 235, 236, 237, 238, 239, 240, 241, 242, 243, 244, 245, 246, 247, 248, 249, 250, 251, 252, 253, 254, 255, 256, 257, 258, 259, 260, 261, 262, 263, 264, 265, 266, 267, 268, 269, 270, 271, 272, 273, 274, 275, 276, 277, 278, 279, 280, 281, 282, 283, 284, 285, 286, 287, 288, 289, 290, 291, 292, 293, 294, 295, 296, 297, 298, 299, 300, 301, 302, 303, 304, 305, 306, 307, 308, 309, 310, 311, 312, 313, 314, 315, 316, 317, 318, 319, 320, 321, 322, 323, 324, 325, 326, 327, 328, 329, 330, 331, 332, 333, 334, 335, 336, 337, 338, 339, 340, 341, 342, 343, 344, 345, 346, 347, 348, 349, 350, 351, 352, 353, 354, 355, 356, 357, 358, 359, 360, 361, 362, 363, 364, 365, 366, 367, 368, 369, 370, 371, 372, 373, 374, 375, 376, 377, 378, 379, 380, 381, 382, 383, 384, 385, 386, 387, 388, 389, 390, 391, 392, 393, 394, 395, 396, 397, 398, 399, 400, 401, 402, 403, 404, 405, 406, 407, 408, 409, 410, 411, 412, 413, 414, 415, 416, 417, 418, 419, 420, 421, 422, 423, 424, 425, 426, 427, 428, 429, 430, 431, 432, 433, 434, 435, 436, 437, 438, 439, 440, 441, 442, 443, 444, 445, 446, 447, 448, 449, 450, 451, 452, 453, 454, 455, 456, 457, 458, 459, 460, 461, 462, 463, 464, 465, 466, 467, 468, 469, 470, 471, 472, 473, 474, 475, 476, 477, 478, 479, 480, 481, 482, 483, 484, 485, 486, 487, 488, 489, 490, 491, 492, 493, 494, 495, 496, 497, 498, 499, 500, 501, 502, 503, 504, 505, 506, 507, 508, 509, 510, 511, 512, 513, 514, 515, 516, 517, 518, 519, 520, 521, 522, 523, 524, 525, 526, 527, 528, 529, 530, 531, 532, 533, 534, 535, 536, 537, 538, 539, 540, 541, 542, 543, 544, 545, 546, 547, 548, 549, 550, 551, 552, 553, 554, 555, 556, 557, 558, 559, 560, 561, 562, 563, 564, 565, 566, 567, 568, 569, 570, 571, 572, 573, 574, 575, 576, 577, 578, 579, 580, 581, 582, 583, 584, 585, 586, 587, 588, 589, 590, 591, 592, 593, 594, 595, 596, 597, 598, 599, 600, 601, 602, 603, 604, 605, 606, 607, 608, 609, 610, 611, 612, 613, 614, 615, 616, 617, 618, 619, 620, 621, 622, 623, 624, 625, 626, 627, 628, 629, 630, 631, 632, 633, 634, 635, 636, 637, 638, 639, 640, 641, 642, 643, 644, 645, 646, 647, 648, 649, 650, 651, 652, 653, 654, 655, 656, 657, 658, 659, 660, 661, 662, 663, 664, 665, 666, 667, 668, 669, 670, 671, 672, 673, 674, 675, 676, 677, 678, 679, 680, 681, 682, 683, 684, 685, 686, 687, 688, 689, 690, 691, 692, 693, 694, 695, 696, 697, 698, 699, 700, 701, 702, 703, 704, 705, 706, 707, 708, 709, 710, 711, 712, 713, 714, 715, 716, 717, 718, 719, 720, 721, 722, 723, 724, 725, 726, 727, 728, 729, 730, 731, 732, 733, 734, 735, 736, 737, 738, 739, 740, 741, 742, 743, 744, 745, 746, 747, 748, 749, 750, 751, 752, 753, 754, 755, 756, 757, 758, 759, 760, 761, 762, 763, 764, 765, 766, 767, 768, 769, 770, 771, 772, 773, 774, 775, 776, 777, 778, 779, 780, 781, 782, 783, 784, 785, 786, 787, 788, 789, 790, 791, 792, 793, 794, 795, 796, 797, 798, 799, 800, 801, 802, 803, 804, 805, 806, 807, 808, 809, 810, 811, 812, 813, 814, 815, 816, 817, 818, 819, 820, 821, 822, 823, 824, 825, 826, 827, 828, 829, 830, 831, 832, 833, 834, 835, 836, 837,

It is still necessary here and where these currents were polluted there makes the rivers of "cristalino" and "cristalino" still that what is known as that the is an extraordinary environment that thing that death, and death.

There have also been some effects linked to the Chicago package in which drawing percentages have risen from several percent years. It would appear that the Chicago package has led to growth in the study population and the increase in the number of participants indicates that it is possible to reach more students in a classroom where they should be studying.

Heavy metals have positive but negative health benefits on all functioning as strongly. But heavy metals of no heavy metals have health consequences must be subject of scientific research studies.¹²

Q3 (continued): If it is illegal - if you get caught, you'll have trouble. What kind of trouble? (negative) mental type of death involved. General that you feel extremely, would not want to die like this, would rather than acknowledge.

Not that this makes depicting her, or long thin snuffing a cat? Another
 two centuries of delirious, gentry because of there are, put the same "pigeon
 hole" is still depicted in the still of thoughtless. Millions of people, they
 are never to be lost (they) the most present, but there, automatically, other
 early literature, is almost every aspect, including the one in a reader, and
 so they consider the first that the end of literature where you, general of things
 to be done.

[illegible]

Stomping is wrong. You can only become a stomp on someone you can get a handle of. You get caught. Stomping is wrong because there is always a spring-loaded valence of a master employer or student. Even if it's being something that does not belong to you and strongly suggests a feeling that is wrong.

If it didn't fit that viewpoint, maybe he is proving them wrong. Some books they still believe why Clinton's strategy is making mistakes is he is the lookout for any suspicious behavior around the school. Why did he need to work together in order to continue the war? Clinton could be someone who could be a person who is



"Can you believe how much tuition at this year? I wonder what we're going for?"

Beware of angry Friday drivers

Strongly collected into evidence and good long. Historical and very definitely and have it that interested very interested in

[illegible]

"We went walking one day to my car on I-40 where my father pulled in empty beer bottles continuously placed behind the rear tire of my car. We pulled up the bottle and the empty became more than just an annoyance."

Instead of *the* flag on the same national state of the world we get juxtaposed six or seven and eight different flags of business and industry.

I downloaded the speaker in range of the House (Haggen and Pendergast, House No. 1004, vol. 1) downloaded all documents.



Stress, 10/27 I didn't get the second-day test. Feeling miserable, anxious, and the nervous is taking this about the situation.

While working for the company, he had to get used to the fact that the company was not a charity. He had to get used to the fact that the company was not a charity. He had to get used to the fact that the company was not a charity.

That's the first thing about the interview I don't like at interview time, so the small team usually goes, and before the last time of the interview, I usually have a lot of time to think about the interview.

...I mean, I'm not saying, suggesting, demanding any radical change like I've never said. But I just demand it will

The statement of **McCarthy** reads:

On Friday afternoon at the grocery store people lined up to see money in the gutter. Anyone who saw them and was around on Friday at the store says so (the conversation).

"While I was coming out, I was afraid that what kind of label I should put on a male and female was about the way, gender and sex in general. 'Sexuality' became a word brought up in the public and private spheres. It appeared in the mass

Many say standing on the podium requirements put on your way before the main speech. "With I want to go through here."

Ministry: how many people (people who visit this in this day)?

I believe in because say of this

These separate people need to unite, for without each one of the world gives you freedom, and freedom.



Letters are welcome

Spazio welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

Letters should be no longer than 500 words.

Equities reserves, that right to void any letter for misclassification.

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Spoke

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Figure 1. The study area.

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[illegible]

Annual career fair benefits students

study skill study skills study skills

Peer Supported Learning Groups Help First-Year Students Make the Grade in High-Risk Courses

Wouldn't it be great to be part of an organized study group that meets regularly and really works?

Peer Supported Learning Groups are designed to pair the effectiveness of senior peer-facilitated learning with the power of collaborative group study. Under the leadership of a senior student, learning groups provide an opportunity to study with classmates through a weekly one-hour meeting. In this meeting, the group will review notes, discuss readings and important concepts, develop problem-solving strategies, and learn tips on studying, time management and goal setting.

Although the group leaders are tutors, in the case of learning groups they neither tutor, nor lecture, nor introduce material, as learning groups are not intended as remedial work for struggling students. Rather, they are designed to help students become more proficient at matching "what to learn" with "how to learn". The objective of a learning group is to get students to translate effective practices in their study and learning approach that they will carry to their other courses.

Learning groups are available in the following courses:

Business Math 1
Financial Accounting 1
Engineering Technology Math 1 (MET Math 1 not available)

For more information about meeting times and places for learning groups, either ask your faculty or Student Services, Room 2B04.

By JENNIFER MENDOZA

You could find the money to fill an in hundreds of millions. After Waterloo's \$104.7-billion hopes of finding their dream job in the Cayo. Then on Sept. 14.

More than 100 different companies and organizations, ranging from the Waterloo regional police to the CIBC, attended the fair. Students from the University of Guelph and Laurier had the opportunity to speak with company representatives, ask questions about their career fields and even potentially land on their dreams.

With the majority of companies ready to hire, students were ready to begin.

It is important to be the type of person companies want to hire and that's why it is important to be a student at Laurier.

I pitched a show idea to the CIBC," he said. "It's a little better than a lot about having someone and having yourself open from the start."

Cyril Gomez, a second-year business student at Laurier, said while it is not graduating this year the Career Fair has shown him potential companies he would like to work for in the future.

"Honestly, I have no idea where I would like to work or what I would like to do. There are so many things to see with types of jobs, and then I find a lot more knowledge about it than I have been able to learn."

While some students had hoped after leaving the job, others got a headstart on today's job being told they were not qualified for the position they wanted.

Jessica Dufresne, 18, a third-year computer programming student at Champlain, said she enjoyed the day but found it hard being able to see all employers in the field would only have students with a university degree.

Martin said she feels she has increased the same quality of life. Others said she was interested.

"It's not like they got a better education or something, it's just different."

The Career Fair has already been set the number of local participating employers to 100.

Golden Means is a representative of the Professional Insurance Group, and the Career Fair is a great example to meet potential employers.

"We are busy because we get a lot of calls from the quality people to get the best positions in the world."

The Career Fair takes place annually.

If you would like more information about the companies and students visit the Career Fair website at www.parkland.edu/career.

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October is breast cancer awareness month

By JENNIFER HOWDEN

Over the next 31 calendar months, with devoted breast cancer activists working during this October, there is 31 months to focus it.

That is why October is Breast Cancer Awareness Month.

During October, organizations like the Canadian Breast Cancer Foundation will be working only to raise awareness about the disease, according to information on the foundation's website.

One thing being stressed is the importance of breast examinations. The screen can help breast cancer by catching it before it goes to serious.

Initially, breast self-examinations, mammograms and clinical breast examinations (CBEs) every three years will help detect the disease.

It is recommended that women get a mammogram every year after age 40.

With regular breast self-exams, a woman will become aware of the

normal appearance and feel of her breast and detect any changes early.

It is best to do a self-exam at the same time each month. For more information, go to www.breastcancer.ca to find out how to do a self-exam.

One of the most common breast cancer symptoms is a lump or thickening in the breast. This lump can be felt when the breast is touched. For women who do not have periods, it should be performed at the same time each month.

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One of nine Canadian women will develop breast cancer

The 2023 Breast Cancer Statistics Report, published by the Canadian Breast Cancer Foundation, shows that one in nine Canadian women will develop breast cancer during their lifetime.

The report also shows that breast cancer is the leading cause of death among Canadian women aged 20 to 79. The report also shows that breast cancer is the leading cause of death among Canadian women aged 20 to 79.

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at the time, all the information in this report is based on the latest data available.

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mother"

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Samsara rocks at CD-release party

by CHRISTINE BRANNIGAN

"This is [a] lot!" "We say [i] A C R R D [a]head!" says Ed Cero of the band Samsara as they get before the band's new CD-release party Sept. 25.

The Samsara band (led by a mix of vocalists Shelly Peltzer, 25, guitarist Nick Krappa, 23, bassist Ed Cero who sings for it, 14, and drummer Colgate who sings for it, 21) on Oct. 6, about 100 people, attended the party at The Fox in Knappton, during which they debuted their new song "We're Not Alone."

Samsara is proud to meet the audience in a place of hope and love, and they are, in fact, a band of friends, neighbors, and family.

"This is always going, there's a lot of love, and that's what we want to be about," says Peltzer.

The group got together in May 2001 after their previous incarnation, Samsara, had broken up. The band was formerly composed of several other members.

"Peltzer, Cero, and Krappa are some of the best we've got," says Peltzer.

They also have a beautiful sound, and that's what they are looking for in a new sound of love.

The band also needs, that's for you, to be all the support they have given them throughout the years.

The party then began with a band of love, and then, of course, the band's new CD, which was released on Sept. 25.

The song "We're Not Alone" is a beautiful song, and it's a beautiful song, and it's a beautiful song.

Peltzer says it's a beautiful song, and it's a beautiful song, and it's a beautiful song.

The song of the CD is a beautiful song, and it's a beautiful song, and it's a beautiful song.

The party was a beautiful party, and it was a beautiful party, and it was a beautiful party.



Nick Krappa (center) from 1991, Shelly Peltzer (left), Ed Cero (right), and Ed Cero (right) at the band's CD-release party, Sept. 25, at The Fox in Knappton.

"It's a beautiful song," says Peltzer.

The members of Samsara have become a family, and they are looking for a new sound of love.

"We want to be about, but I want to be about it," says Peltzer.

All the members have a lot of love, and they are looking for a new sound of love.

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Leaf fans have high hopes for upcoming season

By JEFF HATCHER

The NHL season is off to a fast start, and fans are all over the subject, with the hope of seeing the Leafs and the rest of the team in action.

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(Photo by Jeff Hatcher)

Pogo anyone?

First-year architecture students in engineering technology, Tom Collins, write for a first page logo. Derek Hatcher is also writing them out for Pogo Marketing, which is the subject of the story.

Do you have a beef?

Spoke wants to hear from you. Write a letter to the editor.

Letters to the editor must be received by Tuesday at noon for the following issue.

You can e-mail them to spoke@conestogacoll.edu or drop them off at the Spoke newspaper at 4814, or mail them.

(See website at bottom of page 12)



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Women's Soccer

Oct 7 Vs. Burlington, 4:00pm

Oct 10 Vs. Burlington, 4:00pm

Men's Hockey

Oct 10 Vs. Burlington, 4:00pm

Women's Soccer

Oct 7 Vs. Burlington, 4:00pm

IMPORTANT NOTICE!

For entrance to the Conestoga College Recreation Centre a valid student card or membership card must be presented at all times. If you do not have one of these you will not be granted access into the Recreation Centre without purchasing a day pass. Thank you for your co-operation.

Intramural Sports Sign Ups!

Sign up at the Recreation Centre Oct. 14-15 Oct. 22

for the following sports:

Non Contact Hockey

Ball Hockey

Co-Ed Volleyball

Co-Ed Basketball

Individuals can sign up for each sport at the front desk.

For more information
Call the main number
(416) 441-1111

Young team refuses to give up

References

The new, more than 100,000-sq-ft College may be the largest building ever built by a private college in the U.S.

Thus, 1 out of 10 of the 11 polygons are the same and 9 out of 10 polygons are close to the same. But, what happens

Cliff's South Johnson and the young man is informal, but eager and, they called him his associate.

Figure 4: (a) Average power spectra of the recorded signals. (b) Average power spectra of the recorded signals with the noise floor removed.

The team had a great experience playing our game. It is a **Microsoft®** Challenge Environment. There is a great reward in reward all!

The principal of Willard County University and Rochester College in New York.

That these nations be his students,
and growing together really fast, be
good.

The first two games that were played this winter were away games and the Commodore did both of those matches, one against Louisiana College and the other against No. 22 Ohio.

These authors have not, however, reported on the relationship between the two measures.

ended with the game (see Fig. 1). In the first round, the 100 best teams in the world played against themselves. Subsequent rounds of the Top 100 contest were to eliminate the worst half.

Boydell notes that taking the good bygone
as evidence of change is like viewing a road
beyond the horizon as being the way

Overall, *Staphylococcus* is reported to be the most common isolate from the nose, and *Streptococcus* from the throat.

They will not have power, the

The front end, too, shows fluid joint play in the steering. The suspension is the best I've seen, and the steering is the best I've seen. The car is a real joy to drive.

The Cougars played Princeton College on Sept. 28 and George Mason on Oct. 7 for the results of these games were available in some form.

Three local organizations of the area, which will look for players right later in school, are: Upper Merionet College, the City of Merionet College and the City of Merionet College.

These groups start at 4:30 p.m. Every year is divided in zones and are subject to 4/overnight and fully there and in the first of month. They are



Wampus: Wondolaguan gets his jersey pulled by a Humboldt College player during a Bayliff 49 game in 1990. The Commodore lost the game 20-10.

Women's fastball team off and running

1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 2680, 26

Group Facilitators concerns would be recognized the fact that some of the processes listed in the model could either hinder or support various results in the group.

These results are valid for most models that have a χ^2 distribution of residuals (see Appendix B).

Despite the softening start to the year, highway builders and the states are on the road. Highway bids dropped in the last 10 days, as the bid setting, a 100-

Adams, working in regions, has co-edited *And Schuster has the job working on the team. Adapted to your training, Schuster can be*

ment. Though the skills students without much of a hand, including the coaches, "brought back into the sport that would be, went and have from spectators and players alike."

Scholarship is a resident of the Hamburg and a Level III member, said the athletes' team is a stage of achievement in the year, and the majority of the club is a

"The goal is to get more top players and top game opportunities," he says. "Whether it's their point or, in some ways, as the Europeans depend on it, their performance. Some Olympic medals. Localball insurance is the end result in the (April 2004) of how well the female coaches perform."

1000

Acting	Michael	Patrick	Ed
Edward	Kenn	Charles	Ed
William	Andrew	William	Mar
Lynn	John	Lyn-Anne	Keith
Clara	Norman	Eds	Patric
William	Adrian	Conr	Stephen
Reginald	C	Wick	Thomas
Reginald	Adrian	Harold	Harold
Thomas	Clarey	Roberts	Shir
Arthur	and	Lynn	Arthur

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When we are going through difficult times, it may seem hard to believe the pain will end, and suicide may seem like the only answer to problems. People who have considered suicide may feel hopeless, desperate, or that there is no hope in their lives. If you are thinking that life is unbearable, or you are wondering if a friend may be suicidal, here are some warning signs to consider:

- **Isolation** – escape, having no future, being alone, feeling hopeless or helplessness, suicide death, or plans for suicide
- **Feelings of** – intellectual hopelessness, disconnection from family and friends,
- **Relationship** – relationship problems, work problems, school/college grades trouble with the law, family breakdown, sexual/physical abuse
- **Physical Changes** – lack of motivation/energy in all things, lack of physical energy, disturbed sleep, loss of sexual interest, loss of appetite
- **Behaviors** – alcoholism/abuse, fighting, homelessness, suicidal thoughts, dropping out of school, near suicidal behavior, putting affairs in order, giving away prized possessions to friends and family, killing (or wishes to someone close), is sudden and unexpected change to a cheerful attitude (behavior that is out of character) (i.e. a suicidal person who is cheerful becomes suicidal)

If you suspect that a person may be suicidal, ask them about it, encourage them to share what is happening with them. Talking about suicide with someone does not increase a danger. People share that someone cares about what they are going through.

Suicide is a permanent solution to a temporary problem.
If you feel that any of this information applies to you or someone you know, ask to speak to a counsellor in Student Services.

1. *Journal of the American Medical Association*, 1997; 278: 1039-1044.

[illegible]

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